



Parks and Trails

General information

Name of the Park/Trail	APUAN ALP PARK PATH FOR EVERYONE VAL SERENAIA PATH
Address	LOCALITA' ORTO DI DONNA MUNICIPALITY OF MINUCCIANO
Province	LUCCA
Tourist information	Adjacent to the route is the Val Serenaia Refuge: Tel: +39 379 2696404 E-mail: marielisabiscioni@gmail.com Facebook page: Val Serenaia Refuge 2023 Municipality of Minucciano: Tel: 0583 610391 Regional Park of the Apuan Alps: Tel: 0583 644478

TESTED BY: [Handy Superabile Social Promotion Association](#) in 2024

Please note The following information refers to the date of verification shown at the bottom of each sheet. **The Association** is not responsible for any significant changes made by the property after the visit.

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Project carried out with the contribution of the





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Description

The "**path for everyone**" is located in **Val Serenaia**, straddling Garfagnana and Lunigiana and was inaugurated in 2003. It is located on the northern Apuan Alps, immersed in a typically alpine landscape consisting of beech woods of considerable beauty, east of Mount Pisanino, along the Serenaia valley, in a large and suggestive basin of glacial origin where the Serchio di Gramolazzo stream originates.

The Val Serenai path can also be traveled with a wheelchair thanks to the asphalt surface, and the bridges that allow you to cross seasonal streams from the stony riverbed.

Along the way you can discover, thanks to illustrated panels, the nature and environment of the Apuan Alps, touch the rocks that make up the surrounding peaks and which here are presented in large blocks, each with its own tag.

It is recommended to go in the summer and spring months when temperatures are mild.

How to reach the Park

By car

The route for everyone in Val Serenaia in the locality of Orto di Donna can be reached from all the main cities of the region. Driving along the A12, the motorway that connects Genoa to Rome, from the north of Tuscany exit at the Aulla tollbooth, from the center south of Tuscany exit at the Lucca tollbooth, then continue following the signs for Minucciano. Just before the car park, from which you can






	access the path, you will come across the Val Serenaia Refuge.
By plane	Pisa airport at 119 km about 1 hour and 45 minutes by car.
Assistance service for people with disabilities	YES
Embarkation/disembarkation of passengers with reduced mobility	with courtesy chair and ambulift /Finger
Tactile paths for the blind and visually impaired	YES
There is a toilet room accessible with grab handles	YES
By train	
Nearest station	Aulla 36 km away
Assistance service for people with disabilities	YES
Blue Hall Reference	Location Florence
Carriage access	with forklift/ramp
There is a toilet room in the station accessible with grab handles	YES
By public transport	At the moment there are no suburban buses serving the area.
Eventual notes	

Car park

Public parking nearby	YES
Type of public parking floor	Mixed grass, beaten earth, marble residues, stones.





Presence of parking space reserved for people with disabilities	NO
Electric charging stations	NO
Eventual notes	
	


Route from the car park to the entrance

Route from the car park to the starting point	The parking lot is adjacent to the path, but there are no parking spaces reserved for people with disabilities. To access the paved part, it is necessary to overcome a stretch in the parking lot with uneven pavement due to the residues brought by the weather, so, for people with disabilities in manual wheelchairs, the help of a companion may be necessary.
Distance from parking to entrance	adjacent
Type of trail surface	Mixed grass, beaten earth, marble residues, gravel.
There are indicators and tactile maps	NO





Description of the Park and the internal routes

Length	500 meters of route.
<p>In the internal paths and paths there are maps and tactile signs for the blind</p> 	<p>The path has been delimited on both sides with wooden curbs with a dual function, to make walking safer for those with mobility difficulties and to constitute a tactile curb on the ground for the blind.</p> <p>The flooring was made for most of the walkway with a product called "Sacatrasparent" which has the characteristic of facilitating and differentiating the tactile perception of those who walk on it.</p> <p>Along the same route there are also two perception zones for the blind that allow the touch to recognize samples of rocks and branches on which plates with the wording in relief, also in Braille, have been highlighted, which identify the type.</p>





Along the route, information boards have been installed at an appropriate height, also reporting information in Braille, on the Orto di Donna area, and on the naturalistic, historical, landscape characteristics of the area, with hints on the issues related to the project.

Route description



The path has a horseshoe-shaped path and is equipped for use by people with both motor and visual disabilities.

The route starts in the immediate vicinity of a rest area located on the last hairpin bend of the asphalted stretch of the road that reaches the quarries of Orto di Donna, immediately after the Val Serenaia Refuge and winds for a length of about 500 meters, with maximum gradients, for short stretches, around 8%.





There are 3 picnic areas along the way, delimited by palisades, inside which tables and benches have been placed in such a way as not to create obstacles to walking. To access it there is a step with a height of about 5 cm and a difference in height.

The picnic area at the end of the path is fully accessible on the flat.



A wooden fence has been installed for a large part of the route, useful as a support and as a handrail to protect and facilitate the overcoming of sections characterized by greater slope.

The flooring was made for most of the walkway with a product called "**Sacatrasparent**" which has the characteristic of facilitating and differentiating the tactile perception of those who walk on it.





To overcome rough stretches represented by stream beds, which run through the valley, two wooden crossings were built with relative support and protection fences.

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Bar/restaurant

Type of venue	Snack bar
How to access the premises	The Val Serenaia Refuge
Useful width of door/entrance gate	Outdoors
Eventual notes	About 200 meters from the car park it is possible to reach the Val Serenaia Refuge via the paved road. The Refuge is accessible inside through a ramp but does not have toilets adapted for people with disabilities and adapted rooms.





Toilets

Location of the toilet room	A few meters after the entrance on the right
How to access the premises	Uneven path on stones, earth, grass with different differences in height for which the help of a guide is required
Eventual notes	The disabled accessible toilet located within the path, immediately after the entrance on the right, cannot be reached in a wheelchair and is closed.





Medical practices/healthcare facilities

Hospitals near the property

Ospedale Sant'Antonio Abate Via Don Gnocchi, 1, 54013 Fivizzano MS a c.a. 30 km

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