

### THE PERMANENT ROUTE OF L'EROICA IN 3 STAGES

The Permanent Route of L'Eroica is a unique experience that allows you to live the adventure of L'Eroica all year round. The permanent route is a total of 205 km in the heart of the Siena region, through the Chianti, Crete Senesi and Val d'Orcia. It's a journey into the essence of the legendary Tuscan landscape, characterized by challenging technical features that make this route a great opportunity to practice cycling. The route alternates paved and white roads, and has a total elevation gain around 3500 meters. White roads cover around 112 km. Your experience will be divided into three stages of around 70 km, the elevation gain achieved each day will be higher than 1100 meters.

#### **ITINERARY**

# 1° DAY - "BENVENUTI IN TOSCANA"

Individual arrival and accommodation in a 3 stars hotel located very close the city center of Siena.

HOTEL	INCLUDED MEALS
Hotel ☆☆☆	Breakfast

## 2° DAY – VAL D'ARBIA HILLS AND MONTALCINO

70 km – elevation gain: 1360 meters

After breakfast you will receive road book, maps and all the information for your daily stage.

Just leaving the city of Siena you'll ride through a very typical segment of white road, located between "Colle Malamerenda" and Radi, deep in the gentle hills of Siena, studded of farm houses, medieval villages, merging your ride with the Via Francigena itinerary. The village of Vescovado di Murlo will be the landscape of the easiest segment of the whole permanent route.

Climbing Castiglion del Bosco, one of the most challenging segments of L'Eroica permanent route, you will reach Montalcino over the beautiful and panoramic lands of the Brunello of Montalcino. Montalcino, also famous for olive oil and honey, it's a nice village that merits a visit, even to admire the incredible panorama opening on the Val d'Orcia area.

HOTEL	INCLUDED MEALS
Hotel ☆☆☆	Breakfast

#### 3° DAY – THE CRETE SENESI AND MONTE SANTE MARIE

70 km – elevation gain: 1080 meters

Pedaling in the landscape of the Val d'Orcia is a privilege for the eyes and mind that restores the fatigue caused by the up and downs roads. From the vineyards and rolling hills to the suggestion of the lunar landscape is a short step. Left the villages along the Cassia immerse yourself in the Crete Senesi with the characteristic gullies. The oak and cypress indicate isolated farms where they produce cheese and tables are enriched by the diamond of Crete Senesi: the white truffle. This part of the route includes the hard white road of Monte Sante Marie, very famous steep road that will lead you back in the Chianti area.

You will back in Chianti area through Castelnuovo Berardenga, the village on the border with the Crete Senesi. Accommodation in typical tuscan farm house with swimming pool.

HOTEL INCLUDED MEALS

Typical Tuscan Agriturismo Breakfast

# 4° DAY – THE CHIANTI

#### 73 km – elevation gain: 1360 meters

After the panoramic descent to Pianella, the road to Radda in Chianti will be a sequence of vineyards and woods, passing through pretty villages and farms, that could offer you a wide range of typical products, wine and olive oil tasting, temptations that will delight your itinerary and your senses. After Radda you will join, through Vertine, Gaiole in Chianti, town where L'Eroica was born in 1997.

The route to Castello di Brolio with its cypress access road, the breath-taking panorama below the walls, over the vineyards, represent one of the most wonderful parts of the permanent route. After few kilometers, near San Giovanni a Cerreto, Siena will be outlined on the horizon, the end of your Eroica tour.

Accommodation in hotel 3 stars located very close the city center of Siena.

HOTEL	INCLUDED MEALS
Hotel ☆☆☆	Breakfast

#### 5° DAY - "ARRIVEDERCI"

Breakfast and graduation time! You will receive your personal diploma of "Eroici", souvenir of an incredible ride!

#### **S**UGGESTIONS

- ✓ Level: for active riders. The Permanent route include steep climb over 15%. Unpaved roads make harder the ride
- ✓ Bike suggested: hybrid bike with knobby tires for an efficient ride on unpaved roads
- ✓ We suggest a comfortable cycling wear. We recommend to include in your bags waterproof and thermal clothing too, in case of unfavorable weather

#### WHAT'S INCLUDED:

- ✓ 4 NIGHTS STAY WITH BREAKFAST
- ✓ BAGGAGE TRANSPORTATION BETWEEN HOTELS
- ✓ PICK-UP OF EVERYTHING YOU BOUGHT DURING YOUR DAILY STAGE: WINE, GIFT AND MORE
- ✓ 1 INTERVENTION OF TECHNICAL ASSISTANCE ALONG THE ROUTE (PARTS NOT INCLUDED)
- ✓ Maps and information for your daily stage
- ✓ ROAD BOOK AND FINAL DIPLOMA OF "EROICI"

#### NOT INCLUDED:

- ✓ Tourist city tax
- ✓ Medical/baggage insurance

# **OPTIONAL SERVICES (PRICES ON DEMAND):**

- ✓ Medical/baggage insurance
- ✓ ACTIVITIES FOR NON-CYCLIST (COOKING CLASSES, HORSEBACK RIDING, TREKKING AND MORE)
- ✓ BIKE RENTAL (ROAD, HYBRID, MTB, VINTAGE BIKES OR ELECTRIC BIKES)
- ✓ BIKE GUIDE IN ENGLISH, FRENCH, SPANISH OR GERMAN LANGUAGE DURING EACH STAGE
- ✓ Van support during your daily stage, to let you enjoy your Tuscan vacation.
- ✓ EXTRA INTERVENTION OF TECHNICAL ASSISTANCE: 50 EURO EACH
- ✓ GPS RENTAL
- ✓ GUIDED TOURS OF CITIES AND VILLAGES

